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FOR IMMEDIATE RELEASE

Expanded Summer Dance Classes

For Teens through Adults

Coronado School of the Arts, July 6-31

Coronado, CA, May, 2009 -- Each summer Coronado School of the Arts (CoSA) offers one of the most comprehensive yet affordable dance programs in the area. This July there will be an expanded variety of dance classes, extended hours, and exciting additional dance instructors. Classes start July 6 and run through July 31. Techniques classes will be taught daily from 9:45 a.m. to 1:30 p.m. for students ages 13-25. Dancers who are interested in choreographing their own pieces or learning more repertory can stay until 3:00 p.m. The addition of an extended day is an option for intermediate and advanced dancers looking for a more in-depth experience or students with parents who work all day. Adult dance classes will be offered from 4:00 to 6:00 p.m.

Teens and young adults will be able to take either the 2-4 week Intermediate/Advanced Summer Intensive which begins on July 6th, or the 3 week Beginning/Intermediate Teen Workshop beginning July 13th. Ballet, jazz, contemporary dance, hip-hop, funk, and West African dance will be offered each week from an outstanding faculty. Joining CoSA's regular instructors -- Betzi Roe, Sadie Weinberg, and Daniel Marshall -- will be Xavier Hicks, former soloist with the California Ballet and Director of San Diego Civic Youth Ballet; grace shin-hae jun, a Ph.D. candidate at UCSD and director of the hip-hop and spoken word ensemble bk-soul; Danika Pramik-Holdaway of Pittsburgh's Bodiography Contemporary Ballet, the San Diego Ballet, and Artistic Director of SDCYB; and Tessandra Chavez who directs Unity Dance Ensemble. All of the instructors have been selected not only for their outstanding professional experience, but also for their ability to create interesting dances for diverse levels of abilities. CoSA technical theater director, Adrian Gonzalez, will be on hand to help with a culminating performance for the public in the Coronado High Performing Arts Center on July 31 at 7:00 p.m.

For adults interested in summer dance classes, there are several choices offered during the week. Beginning July 6, Monday through Thursday from 4:00 to 6:00 p.m., Marena Bronson and Gina Bolles will teach hour-long classes in Ballet, Pilates or Tap. Stephanie Eischen-Lee will teach Zumba, an energetic Latin dance-fitness class, on Monday nights from 5:15 to 6:15. Alternatively, Audrey Dill will teach Nia (5:00 to 6:00 p.m.) and Yoga (6:00 to 7:00 p.m.) on Monday nights. Taking dance classes is not only a great way to meet new people but also a convenient, and fun way to stay in shape and keep up movement skills.

Enrollment for the classes will be open until June 22. Interested Adults can hold a spot by simply sending in a registration form to Coronado School of the Arts. Classes are \$9 for a single class or \$7 per class for a series. For those interested in the Teen/Young Adult series: a refundable deposit of \$50, along with a registration form, will hold a spot for a student. Tuition is also \$9 for a single class, \$7 per class for a short series, and further reduced for one of the 2-4 weeks series.

Visit the CoSA Foundation website to download an application: www.cosafoundation.org. Or call Betzi Roe at 858-755-8021 for information.

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